St. Conor's P.S. (Peter 82 247682)

	Monday	Tuesday	Wednesday	Thursday	Friday
3/9, 1/10, 29/10, 26/11, 24/12, 21/1, 18/2, 18/3, 15/4, 13/5, 10/6.	Oven Baked Sausage Savoury Mince Cauliflower / Cabbage Gravy Mashed Potato Wholewheat Pasta Fruit Muffin Custard / Fruit	Chicken Curry & WG Rice Naan Bread (RMF) Grilled Salmon Sweetcorn / Peas Gravy Mashed Potato Wholewheat Pasta Chocolate Cracknel Custard / Fruit	FUN DAY (H) Homemade Soup Bread Mashed Potato BBQ Chicken Slider Coleslaw Yoghurt / Fruit	Spaghetti Bolognaise Chicken Panini (H) Peas / Carrots / Gravy Mashed Potato Wholewheat Pasta Fruit Trifle Custard /Fruit	Chicken Pasta Bake Pizza (RMF) Baked Beans / Carrots Mashed Potato & Chips Wholewheat Pasta Ice-Cream / Jelly / Fruit
10/9, 8/10, 5/11, 3/12, 31/12, 28/1, 25/2, 25/3, 22/4, 20/5, 17/6.	Oven Baked Fish (RMF) Chicken Wrap Carrots White Sauce or Gravy Mashed Potato Wholewheat Pasta Ginger Biscuit Custard / Fruit	Baked Gammon Stuffing Chicken Crumble Peas / Gravy Dry Oven Roast & Mashed Potato Wholewheat Pasta Banana Cake Custard / Fruit	Pizza Cottage Pie (H) Mixed Vegetable Broccoli / Gravy Mashed Potato Wholewheat Pasta Strawberry Sponge Custard / Fruit	BBQ Chicken Goujon Macaroni Cheese (RMF) Peas / Beans Mashed Potato & Chips Wholewheat Pasta Choc & Orange Cookie Custard / Fruit	Chicken Curry & WG Rice Chicken or Cheese Panini Carrots (H) Gravy / Naan Bread Mashed Potato Wholewheat Pasta Milk Pudding Fruit
17/9, 15/10, 12/11, 10/12, 7/1, 4/2, 4/3, 1/4, 29/4, 27/5, 24/6.	Pizza (RMF) Chicken Pie (Pot Top) Baked Beans / Broccoli Mashed Potato & Chips Wholewheat Pasta Swiss Roll Custard / Fruit	Meatballs in Tomato Sce Roast Chicken & Stuffing Carrots / Parnips / Gravy Dry Oven Roast & (H) Mashed Potato Wholewheat Pasta Fruit Muffin Custard / Fruit	Pulled Pork Burger (H) Chicken Wrap Mixed Vegetable Broccoli / Gravy Mashed Potato Wholewheat Pasta Fruit Trifle Custard / Fruit	Oven Baked Sausage Beef Curry & WG Rice Sweetcorn Gravy Mashed Potato Wholewheat Pasta Shortbread Biscuit Custard / Fruit	Lasagne (C) (RMF) Oven Baked Fish Peas White Sauce or Gravy Mashed Potato Wholewheat Pasta Chocolate Brownie Custard / Fruit
24/9, 22/10, 19/11, 17/12, 14/1, 11/2, 11/3, 8/4, 6/5, 3/6.	Beef Burger (H) Jamabalaya Mixed Veg / Gravy Mashed Potato Wholewheat Pasta Vanilla Cookie Custard / Fruit	Pizza Oven Baked Fish (RMF) Sweetcorn White Sauce or Gravy Mashed Potato Wholewheat Pasta Chocolate Sponge Custard / Fruit	Roast Chicken & Stuffing Tortilla Quiche (H) Peas / Cauliflower/ Gravy Dry Oven Roast & Mashed Potato Wholewheat Pasta Flakemeal Biscuit Custard / Fruit	Chicken Curry & WG Rice Naan Bread (RMF) Grilled Salmon Beans / Peas Mashed Potato & Chips Wholewheat Pasta Ice-Cream Tub / Fruit	BBQ Chicken Goujon Spaghetti Bolognaise Broccoli / Gravy Mashed Potato Wholewheat Pasta Melting Moments Custard / Fruit

school food

Try Something New today

www.schoolfoodni.com

WM Bread, Fresh Fruit, Salad, Yoghurt, Milk & Water are available daily.

If your require any additional information on allergens or special diets please contact the school in the first instance.